

# What is.....

# FNA FUTURES



- A development-focused program, designed to upskill Athletes, Coaches & Umpires.
- Build life skills, form strong friendships and learn what it means to represent Fremantle Netball Association.
- Representative Teams Development Program (often referred to as 'Rep Teams'.
- Athletes and Umpires trial for a place within the program and are selected to represent FNA at various carnivals/competitions/events across the Metropolitan area.
- Coaches may apply for a Head Coach, Assistant or Apprentice position. Coaches are also talent identified (TID) during the Winter Club Season each year.
- The main event is competing at the Fuel To Go & Play Association Championships (held each June long weekend at Perth NA & the Gold Netball Centre.
- Mini carnivals leading up to the FTG&P Association Championships.
- Metro Development Competition (held in Term 4)
- Any other carnivals held at associations.

For further information or queries, contact the  
Association Development Officer at  
**[development@fremantlenetball.com.au](mailto:development@fremantlenetball.com.au)**

# Can anyone trial?



- *Trials are by INVITATION ONLY.*
- *Talent Identification (TID) occurs during the Winter season by FNA Selectors for the following year's program.*
- *For athletes turning 12 - 16 in the year of competition.*
- *Players playing in Division 1 & 2 of Age Groups 11U - 14U, receive an automatic invitation.*
- *Players participating in lower divisions in 11U - 14U, will be viewed and potentially invited to trial.*
- *15U - 16U, Division 1 players will receive an automatic invitation. Lower divisions may be viewed and potentially invited to trial.*
- *20U athletes would be expected to be competing in Divisions 1 or 2 for their age group, or Opens Division 1 - 4.*
- *Clubs can submit names of athletes they have identified as potential invitees.*

# How do I know if I am invited to trial?



- *An invitation will be emailed directly to all invitees, beginning-late September.*
- *Details included in the email :-*
  - *Trial Dates for each age group*
  - *Cost to trial*
  - *What to wear*
  - *How to register to trial*
  - *Proposed program dates*
  - *Code of Conduct at trials*
- *Each club will be emailed with a list of invited athletes from their club.*
- *For privacy reasons, FNA does not display the names of invited athletes on their website or socials posts.*

# When are trials?



- *Trial Nights - Mondays & Thursdays (6:00 - 8:30pm)*
- *Trial Venue - Fremantle Netball Association*
- **12U**
  - *Phase 1 - October*
  - *Phase 2 - November*
  - *Phase 3 - February*
- **13U**
  - *Phase 1 - October*
  - *Phase 2 - November*
  - *Phase 3 - February*
- **14U**
  - *Phase 1 - November*
  - *Phase 2 - February*
- **16U**
  - *Phase 1 - November*
  - *Phase 2 - February*
- **20U**
  - *Expressions of Interest - February*
  - *Trials (if required) - March*

# Program Commitment



|                          |                                                                                                                                                                     |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Training Night :</b>  | Thursdays                                                                                                                                                           |
| <b>Time :</b>            | 6:00 - 8:00pm                                                                                                                                                       |
| <b>Venue :</b>           | Fremantle Netball Association                                                                                                                                       |
| <b>Dates :</b>           | Commencing the first or second Thursday in March                                                                                                                    |
| <b>School Holidays :</b> | <ul style="list-style-type: none"><li>• no training day before Good Friday</li><li>• often no training 1<sup>st</sup> week school holidays</li></ul>                |
| <b>Carnivals :</b>       | <ul style="list-style-type: none"><li>• Friday night end March - FNA</li><li>• Sunday afternoon beginning May - PNA</li><li>• Long weekend June - PNA/GNC</li></ul> |

# Squads & Teams



- *Athletes are placed in 2 X squads for the first 4 weeks then placed in teams for the remainder of the program.*
- *Players may be elevated to a higher team during the program in the event of injury/illness.*
- *Training Partners are often elevated into a team.*

|            |                                                                                                      |
|------------|------------------------------------------------------------------------------------------------------|
| <b>12U</b> | <ul style="list-style-type: none"><li>• 4 Teams</li><li>• Up to 10 Training Partners</li></ul>       |
| <b>13U</b> | <ul style="list-style-type: none"><li>• 4 Teams</li><li>• Up to 10 Training Partners</li></ul>       |
| <b>14U</b> | <ul style="list-style-type: none"><li>• 4 Teams</li><li>• Up to 10 Training Partners</li></ul>       |
| <b>16U</b> | <ul style="list-style-type: none"><li>• up to 5 Teams</li><li>• Up to 10 Training Partners</li></ul> |
| <b>20U</b> | <ul style="list-style-type: none"><li>• 2 Teams</li></ul>                                            |