

SPRING COMPETITION

2025 INFORMATION

Fremantle Netball Association is hosting its classic Wednesday night Spring Competition in October and November 2025, which will include:

Programs	Year of Birth	Gender	Activity Time	Minimum Year of Birth
Net Skills	2015 to 2019	All	4:15pm	2020
Competitions	Year of Birth	Gender	Match Time	Minimum Year of Birth
Set	2017 or 2018	All	4:15pm	2018
Go	2015 or 2016	All	4:15pm	2017
12 & Under	2013 to 2014	All	5:30pm	2015
14 & Under	2011 to 2012	All	5:30pm or 7:00pm*	2014
16 & Under	2009 to 2010	All	5:30pm or 7:00pm*	2013
18 & Under	2007 or 2008	Female	7:00pm	2010
Open Women	2007 or older	Female	7:00pm	2010
Open Mixed	2007 or older	All	7:00pm	2010

**NOTE: teams nominating into the 14 & Under and 16 & Under divisions MUST be available to play at both the 5:30pm time and the 7pm time – final time will depend on the total number of team nominations across the competition. Younger teams will be prioritised for the 5:30pm time slot.*

SPRING DATES

Round 1	15 October 2025
Round 2	22 October 2025
Round 3	29 October 2025
Round 4	5 November 2025
Round 5	12 November 2025
Round 6	19 November 2025
Round 7	26 November 2025

1. COMPETITION FORMAT:

- 1.1. Divisions of 8 teams
- 1.2. Seven weeks of Round Robin matches
- 1.3. No finals rounds
- 1.4. Team on top of the ladder after Round 7 will be considered the division winner
- 1.5. No ladders are kept for Set or Go divisions

Match Points

Win*	Draw	Loss*
2 points	1 point	0 points

**including by forfeit*

Please note that, where it is not possible to create divisions of eight teams in all divisions, alternative division sizes and Competition formats may be applied to individual divisions at the discretion of the Association, to ensure an enjoyable competition.

GAME FORMAT	Set & Go	12U, 14U, 16U, 18U, Open Divisions
Quarter length	10 minutes	15 minutes
Quarter breaks	Quarter time: 2 minutes Half time: 4 minutes Three quarter time: 2 minutes	
Total match length	48 minutes	68 minutes

2. Teams

- 2.1. Minimum of 7 players required in each team.
- 2.2. Maximum of 12 players can be registered in a team.
- 2.3. Teams must supply an umpire for each of their games, unless otherwise notified by the Association, and umpire details must be included in the Team Nomination form.
- 2.4. A \$50 team nomination fee (plus transaction fees) applies to all team entries.
 - Please note that there will be no refunds given for change of mind.
 - A team will be refunded if the Association isn't able to place them in a division.
- 2.5. Team nominations are via [PlayHQ](#).

3. Player Registration & Refunds

- 3.1. Players must register via the team registration link supplied to their Team Contact by Monday 29 September 2025. All players and umpires must be registered prior to taking the court.
- 3.2. ***The Netball WA and Netball Australia affiliation fees are payable once annually only - existing Winter Season players who use their existing 2025 PlayHQ accounts will not pay these fees again in Spring.***
- 3.3. *If an existing Winter Competition player creates a new account, or uses a different account from their Winter Competition registration, they will be charged the affiliation fees again.*
- 3.4. For any questions or concerns during the registration process, please contact admin@fremantlenetball.com.au for assistance.
- 3.5. **Please note that players will not be eligible for a refund of their FNA fees once they take the court during the Spring Competition.**
- 3.6. The eligibility of a member for a refund of their Netball WA membership fee is determined by the policies and procedures of Netball WA. In Spring 2025:
 - 3.6.1. Existing 2025 members will not be eligible for a refund of their Netball WA fees.
 - 3.6.2. New 2025 members in Spring will not be eligible for a refund of their Netball WA fees if they have taken the court OR after 23 October 2025 (whichever occurs first).
 - 3.6.3. You must contact FNA **prior** to 23 October if you wish to request Netball WA refunds.
- 3.7. See the [Refund Policy](#) for more details.

FNA PLAYER & TEAM FEES	
Team nomination fee (non-refundable) – paid once per team	\$50.00 (plus transaction fees)
FNA individual player fee – paid by each player (all ages)	\$45.00 (plus transaction fees)
Casual Fill-in Voucher	\$10.00
Single Game Voucher	\$17.00
NETBALL WA & NETBALL AUSTRALIA AFFILIATION FEES <i>(applicable to players who didn't play Winter 2025)</i>	
Netball WA fee – 3-Month Membership (all ages)	\$50.00 (plus transaction fees)
Netball Australia fee – 12-Month Membership (all ages)	\$4.49 (plus transaction fees)
FINES & PENALTIES	
Failure to supply an umpire for a game	\$100.00 & forfeit
Late forfeit (after 3pm the day prior to game)	\$50.00
Failure to return goal post protector (applies to both teams playing the final fixture of the evening on any court)	\$25.00 per team

4. Male Players

- 4.1. Male players are eligible to participate in all 16 & Under, 14 & Under, 12 & Under, Go, and Set divisions during Spring Competition, plus the Open Mixed divisions.
- 4.2. Male players are not eligible to participate in the 18 & Under or Open Women divisions.
- 4.3. In the 12 & Under, Go, and Set competitions:
 - 4.3.1. There are no restrictions on the number of boys registered in a team, or for on-court participation.
 - 4.3.2. Where possible, teams with registered male players will be graded together.
- 4.4. In the Open Mixed, 16 & Under, and 14 & Under competitions:
 - 4.4.1. Teams may have up to three male players on court at any one time.
 - 4.4.2. There must be no more than one male player in each playing area at any time (shooting, midcourt, defence).

5. Team Names

- 5.1. Teams will be required to nominate a team name for the competition.
- 5.2. Team names should not contain any obvious reference to Winter Competition Clubs or any offensive language.
- 5.3. FNA may require you to select an alternative name if the elected name is already taken, too similar to another, or determined to be unsuitable for any reason.

6. Team Uniforms & Equipment

- 6.1. Players must all wear the same colour/uniform, as well as suitable sports shoes.
- 6.2. Teams are not permitted to wear Club uniforms or Representative Team tops as their Spring Competition uniform (e.g. FNA Association Champs training top, Fremantle Sharks training top).
- 6.3. Teams are required to supply their own bibs, match ball, and timer.
- 6.4. If there is a clash of uniform and/or bib colours during a match, FNA may be able to loan an alternative set of bibs to one team from the Match Office, however this cannot be guaranteed.
- 6.5. Jewellery is not permitted to be worn during matches, including earrings, which must be removed and not taped.
- 6.6. Wedding bands and medical alert bracelets may be worn but must be taped.
- 6.7. Each player's fingernails must be cut short and smooth prior to taking the court in each match. Sports gloves are permitted, but nails must still be short and smooth.

7. Umpires

- 7.1. Each team must supply one competent umpire for each match during the Spring Competition, unless otherwise notified by the Association.
- 7.2. Details of each team's umpire must be included on their Team Nomination form.
- 7.3. Please refer to the website for the [FNA Umpire Payment Guideline](#).
- 7.4. Penalties for failure to provide an umpire:
 - 7.4.1. \$100 which must be paid before the next fixture, and;
 - 7.4.2. Forfeit of the match by the team who failed to supply an umpire prior to the starting time of the game.
- 7.5. Umpires must be registered via the PlayHQ team registration link supplied to each team.
 - 7.5.1. Umpires should register as an Official.
 - 7.5.2. There is no cost to register as an Official.
- 7.6. Umpires for Set and Open divisions should be suitably experienced adult umpires. **If the umpire of a Set or Open team is under 18 years, prior written approval to umpire this grade must be obtained from the Association Umpire Development Officer.**
- 7.7. Umpires for Go divisions will preferably be an experienced umpire. Learning umpires may umpire these Grades, but they must be suitably supervised by an experienced umpire coach for the duration of the game.

8. Player Eligibility & Fill-in Players

- 8.1. All players must either be registered for the Spring competition via PlayHQ or have purchased a Single Game Voucher (SGV) or Casual Fill-in Voucher (CFV) prior to the game in which they will be playing.
- 8.2. A player is eligible to play in more than one team during the Spring Competition, provided that:
 - 8.2.1. They are age-eligible for each division in which they will be playing, and;
 - 8.2.2. They are not playing in two teams in the same grade (e.g. two Go teams), and;
 - 8.2.3. They are not playing in a younger age group than their original registration, and;
 - 8.2.4. They are registered in PlayHQ and have paid fees with each team, or have purchased a CFV for each additional game in which they participate while not a registered member of the team.
- 8.3. If a team plays an ineligible player (e.g. not registered and no voucher purchased and recorded) the penalty is the deduction of two match points, and:
 - 8.3.1. The forfeit of the match in which the ineligible player was played, or;
 - 8.3.2. The score stands, if it is to the benefit of the opponent.
- 8.4. For players not registered for the Winter 2025 season:
 - 8.4.1. A Single Game Voucher of \$17.00 can be used for fill-in players who are not affiliated with Netball WA as a player in 2025.
 - 8.4.2. Each SGV is valid for one game only.
- 8.5. For players registered for the Winter 2025 season:
 - 8.5.1. A Casual Fill-In Voucher of \$10.00 can be used for fill-in players who are affiliated with Netball WA as a player for in 2025.
 - 8.5.2. Each CFV is valid for one game only.

9. Rules

- 9.1. For all Junior and Open divisions: as per [Rules of Netball 2024 Edition](#) published by World Netball, unless otherwise stated.
- 9.2. No Tactical Time (Rules of Netball rule 10.2) will be used in the Spring Competition.
- 9.3. Rolling substitutions will be utilised in all divisions in the Spring Competition.
- 9.4. During the play in Matches eligible under clause 9.3:
 - 9.4.1. There is no limit to the number of rolling substitutions that can be made during a Match.
 - 9.4.2. Only one substitution may be made at once.
 - 9.4.3. Teams may make rolling substitutions during play, including during stoppages and at intervals.
 - 9.4.4. Time is not held for rolling substitutions, and umpires do not need to be notified that a rolling substitution is taking place.
- 9.5. Court set-up for rolling substitutions:
 - 9.5.1. A designated substitution zone will be marked or otherwise designated at the location of each team bench during an eligible Match.
 - 9.5.2. Team benches must be located on the same side of the court as the Scorer and Timekeeper, regardless of whether a team is planning to utilise rolling substitutions.
- 9.6. Rolling substitution competition rules for all Divisions other than Set:
 - 9.6.1. The substitute Player must wait in the designated substitution zone.
 - 9.6.2. The Player leaving the court must arrive at the designated substitution zone before the substitute Player may enter the court.
 - 9.6.3. The Player leaving the court must return directly to the team bench, unless they are seeking medical treatment.
 - 9.6.4. Players cannot change positions while on the court.
 - 9.6.5. Players must observe the offside rule when completing rolling substitutions.
 - 9.6.6. Players must not interfere with the movement or vision of the umpires when completing rolling substitutions.
 - 9.6.7. Teams must not delay play through the use of rolling substitutions.

- 9.6.8. There must be at least five players from each team on the court at all times.
- 9.7. In Set Divisions, substitutions may be made from any location as needed, with the preference being for minimal interruption to the play and the umpires.
- 9.8. Breaches of the rolling substitution competition rules:
- 9.8.1. If a Player enters an area of the court not designated for their playing position, or interferes with the movement or vision of an umpire, a sanction will be awarded whether the Player was in contact with the ball or not. Sanction: free pass where the interference or offside entry/exit occurred.
- 9.8.2. If the play is delayed, such as by taking too long after a goal is scored to roll on a centre who will be taking a centre pass, the normal sanction for delaying play will be applied. Sanction: penalty pass which is advanced (unless the non-infringing team is disadvantaged) and the Player is cautioned.
- 9.8.3. In the instance of a breach of any of the other rolling substitution rules, a sanction will be awarded. Sanction: free pass where the ball was when the infringement occurred.
- 9.9. For all Set divisions: 8 & Under Set rules in the [FNA Set & Go Competition Rules \(2025\)](#).
- 9.10. For all Go divisions: 10 & Under Go rules in the [FNA Set & Go Competition Rules \(2025\)](#).

10. Fixtures

Fixtures will be available on PlayHQ or via links placed on the FNA website. An evening fixture will be posted on a noticeboard outside the match office.

11. Scorecards

- 11.1. Scorecards will be available for collection from the Match Office **by the scoring (first mentioned) team** prior to the game. Player names will be printed on the scorecards.
- 11.2. All scorecards must be handed into the Match Office by **the winning team** prior to leaving the grounds. In the event of a draw, the scoring team must return the scorecard to the Match Office.

12. Scoring

Teams named first on the scorecard are responsible for scoring, and must record goals scored, centre passes, and mark each quarter that a player is on the court. Timers and scorers must stand together on the sideline.

13. Timing

- 13.1. Teams named second on the scorecard are responsible for timing during the match, and must stand with the scorer on the sideline.
- 13.2. Timers should follow the closest umpire for the last 10 seconds of each quarter, and notify the umpires when there are 30 seconds remaining during a break.
- 13.3. A suitable timing device with sound must be used. Mobile phones are not suitable timing devices.

14. Cancellation, Deferment and Delay of Matches

- 14.1. Only FNA can cancel, defer, or delay matches during the Spring Competition, and it is at FNA's discretion to do so.
- 14.2. Team Contacts will be notified directly via email, fixtures will be updated in PlayHQ and updates will be posted on our Facebook page for major changes.

15. Forfeits

- 15.1. All forfeits must be notified in writing to admin@fremantlenetball.com.au by the team manager.
- 15.2. Where a team forfeits a match before 3pm the day before the match is scheduled to take place, no fine is incurred.

- 15.3. Where a team forfeits a match after 3pm the day before the relevant match, a late forfeit fine of \$50 will apply, and the forfeiting team must pay this prior to the next fixtured game to be eligible to play that game.
- 15.4. The result of any forfeited match will be a 15-0 win to the non-forfeiting team.

16. First Aid

- 16.1. The First Aid Room will be open on each game night. Strapping may be available, however fees will apply.
- 16.2. Injured players should be assisted to First Aid for injury assessment, to access ice, and record-keeping for insurance requirements.

17. Canteen

The canteen will be open for a range of water, cool & hot drinks, lollies, ice-creams, and other food items, including a selection of hot food.

18. Parking

- 18.1. The parking oval will be available on Spring Competition nights and can be accessed via Wilkinson Street.
- 18.2. Some marked parking is available along Terrazzo Lane.
- 18.3. Check parking signs on nearby streets before parking.
- 18.4. Do not park on residential verges or driveways.
- 18.5. Be aware that City of Fremantle rangers do patrol the area and issue fines for infringements.

19. Goal Post Protectors

- 19.1. For the safety of all participants, goal post padding is required on all courts during Matches.
- 19.2. Goal post pads are located in the storage room at the corner of the main building adjacent to Court 16.
- 19.3. The first teams to use a court on a fixture day will be required to collect the goal posts pads and ensure they are fitted on both goal posts prior to commencement of the match.
- 19.4. The teams playing last on each court should each return one goal post pad to the storage area at the end of the match.
- 19.5. Failure to return the goal post pads to the storage as required results in a \$25 fine per pad not returned for both teams who played the last match on that court.

REGISTRATION PROCESS

There are three steps to complete the team registration ahead of the competition. To assist with this process, each team must nominate one Team Contact (Team Manager) who will be the point of contact with the Association during the Spring Competition.

Step One:

- Team Contact completes the [Team Nomination form in PlayHQ](#).
- Team Nomination forms must include details of the team's umpire.
- Team Nomination forms will be processed on a first-in first-served basis.
- Submitting a Team Nomination form does not guarantee a place in the competition.
- If your team nomination is successful, the Association will contact you with further details.
- Team Nomination forms must be received by the Association by Monday 22 September 2025.

Step Two:

- Team Contact will receive confirmation of their team entry.
- Team Contact will receive a team registration link that will need to be supplied to each player and umpire to register with the team.

Step Three:

- All players must register as a Player via their team registration link.
- The team's umpire must register as an Official via the link. If a team has multiple umpires, each umpire needs to be registered as an Official. There is no cost to register as an Official.
- Additional charges will apply to new players in 2025 and Winter Competition players who register using a different account (see table on **Page 2**).
- All players and umpires must be registered by Monday 29 September 2025.

Key Dates

Date	Day	Event
20 August 2025	Wednesday	Team nominations open
27 August 2025	Wednesday	Player registrations open (for notified teams)
22 September 2025	Monday	Team nominations close (Or when timeslots full)
29 September 2025	Monday	Player registrations close
15 October 2025	Wednesday	Round 1
22 October 2025	Wednesday	Round 2
23 October 2024	Thursday	Netball WA de-registration cut-off – no further refunds*
29 October 2025	Wednesday	Round 3
5 November 2025	Wednesday	Round 4
12 November 2025	Wednesday	Round 5
19 November 2025	Wednesday	Round 6
26 November 2025	Wednesday	Round 7

**NOTE: players who have already taken the court for the Spring Competition are not eligible for a refund of fees. Requests for de-registration MUST be sent to FNA prior to Monday 20 October 2025.*



Woolworths 

NET SET GO!

SPRING 2025 PROGRAM

Every Wednesday
from 15th October -
26th November
4:15pm - 5:15pm
at FNA

Boys & Girls
aged 5 - 9 years
old welcome
(born 2016 - 2020)

SCAN HERE
for more info & registration



\$60

for participants
returning from winter

\$115.51

for new participants
please see website for full
fee breakdown

**Any queries? Contact Liz at:
info@fremantlenetball.com.au**

NET PROGRAM PARTICIPANT FEES	
FNA individual participant fee – paid by each participant	\$55.00 (plus transaction fees)
NETBALL WA & NETBALL AUSTRALIA AFFILIATION FEES <i>(applicable to participants who didn't take part in Winter 2024)</i>	
Netball WA fee – 3-Month Membership (all ages)*	\$50.00 (plus transaction fees)
Netball Australia fee – 12-Month Membership (all ages)	\$4.49 (plus transaction fees)

*Optional 12-Month membership: \$81.25 (plus transaction fees)

Please note that this is a skills-based program only, and not a competition.